# Year-at-a-Glance Pinterest Planning Cheatsheet

#### **JANUARY**

#### **PINS TO PROMOTE**

- □ Fitness
- ☐ Healthy Foods
- Habit Building
- □ Super Bowl
- ☐ New Year Goals

#### TRENDING TOPICS

- □ Valentine's Day
- □ Date Ideas
- □ Spring Break
- □ Mardi Gras

#### **KEEP IN MIND**

- ☐ St. Patrick's Day
- Easter

#### **FEBRUARY**

#### **PINS TO PROMOTE**

- □ Valentine's Day
- Date Ideas
- ☐ Gift Ideas
- Weekend Getaways
- □ Mardi Gras

#### TRENDING TOPICS

- ☐ St. Patrick's Day
- Cleaning Tips

#### **KEEP IN MIND**

- □ Easter
- □ Outdoor Fun

#### **MARCH**

#### **PINS TO PROMOTE**

- ☐ St. Patrick's Day
- ☐ Spring Break
- □ Spring Fashion
- Cleaning Tips
- Cocktails

#### TRENDING TOPICS

- □ Easter
- □ Pastels
- □ Gardening
- □ Passover
- Outdoor fun
- ☐ Floral patterns

#### **KEEP IN MIND**

- ☐ Graduation
- □ Weddings

#### **APRIL**

#### **PINS TO PROMOTE**

- □ Easter
- Gardening
- □ Passover
- ☐ Earth Day
- Recipes

#### TRENDING TOPICS

- □ Graduation
- □ Weddings
- □ Travel
- ☐ Mother's Day
- □ Fitness
- ☐ Healthy Foods

#### **KEEP IN MIND**

- □ Weddings
- □ Summer

#### **MAY**

#### **PINS TO PROMOTE**

- Graduation
- □ Travel
- ☐ Fitness
- Mother's Day
- □ Weddings
- □ Summer

#### TRENDING TOPICS

- □ Swimsuits
- □ Summer Trends
- □ Outdoor
- ☐ Healthy foods
- ☐ Father's Day

#### **KEEP IN MIND**

☐ 4th of July

#### JUNE

#### PINS TO PROMOTE

- ☐ Father's Day
- □ Travel
- Outdoors
- □ Weddings
- ☐ Summer Trends

# TRENDING TOPICS

- ☐ 4th of July
- ☐ Weekend Trips
- □ Baby Showers
- □ Grilling
- Swimsuits

#### **KEEP IN MIND**

- □ Fall
- □ Back-to-School

#### **JULY**

#### **PINS TO PROMOTE**

- ☐ 4th of July
- Outdoors
- Grilling
- Weekend Trips
- □ Firework Safety
- ☐ Kids' Activities

#### **TRENDING TOPICS**

- ☐ Back-to-School
- Camping
- ☐ Tailgaiting☐ "Beat the Heat"

#### KEEP IN MIND

- ☐ Fall Trends
- ☐ Halloween
- □ DIY Costumes

# **AUGUST**

#### PINS TO PROMOTE

- ☐ Back-to-School
- ☐ Tailgating
- ☐ Kids' Activities
- ☐ Outdoors
- ☐ Fitness

# TRENDING TOPICS

- TRENDING I
- ☐ Fall Fashion☐ Halloween☐
- ☐ Costumes
- ☐ NFL & NCAA Football

# KEEP IN MIND

- Thanksgiving
- ☐ Fall Trends

#### **SEPTEMBER**

## PINS TO PROMOTE

- ☐ Back-to-School
- ☐ Fall Fashion
- ☐ Labor Day Sales
- ☐ Comfort Food
- □ Tailgating

#### TRENDING TOPICS

- ☐ Halloween
- ☐ Costume Ideas
- ☐ Football Food
- Pumpkin Carving

## KEEP IN MIND

- ☐ Thanksqiving
- Christmas

#### **OCTOBER**

#### PINS TO PROMOTE

- □ Halloween
- ☐ Fall Trends
- ☐ Costume Ideas
- ☐ Fall Recipes
- ☐ Pumpkin Carving
- TRENDING TOPICS
- ☐ Thanksgiving
  ☐ Pumpkin Recipes
- ¬ Winter Fashion

# ☐ Family Photos

- KEEP IN MIND
  ☐ Christmas
- ☐ Black Friday

# **NOVEMBER**

## PINS TO PROMOTE

- ☐ Thanksgiving
- ☐ Black Friday
- Cyber Monday
- ☐ Recipes☐ Gift Ideas☐

#### TRENDING TOPICS

- ☐ Christmas
- ☐ Kwanzaa
- ☐ Hanukkah
- ☐ Family Entertainment ☐ Kids' Crafts

## KEEP IN MIND

#### □ New Year's Eve

# DECEMBER

- PINS TO PROMOTE
- ☐ Holidays ☐ Christmas
- □ Hanukkah
- ☐ Gift Ideas☐ Recipes

#### TRENDING TOPICS

- □ New Year's Eve
- □ Flu Remedies
- ☐ Fitness ☐ Resolutions
- ☐ Healthy Food

#### KEEP IN MIND

- Valentine's Day
- □ Super Bowl

# Year-at-a-Glance

# **INSTAGRAM Planning/Hashtag Cheatsheet**

#### **JANUARY**

#### 1st- NEW YEAR'S DAY

#NYE #NewYearsEve #Cheers #NewYears #NewYearsResolution #NewYearsDay

#### 3RD MON- MLK JR DAY

#MLK #MLKDay #MLKMemorial #MLKJr #MLKJrDay

#### 25th- OPPOSITE DAY

#OppositeDay #yaDetisoppO #Backwards #BackwardsDay

#### **FEBRUARY**

#### **1ST SUN- SUPER BOWL**

#SuperBowl #SuperBowlSunday #FootballFood #Football

#### 14th- VALENTINE'S DAY

#Valentine #ValentinesDay #Love #Valentines #BeMyValentine #HappyValentinesDay

# 3RD MON- PRESIDENT'S DAY

#PresidentsDay #Washington #PresidentsDayWeekend #USA

#### **MARDI GRAS**

#MardiGras #FatTuesday #NOLA #MardiGrasParty #KingCake

#### **MARCH**

#### 8th- WOMEN'S DAY

#InternationalWomensDay #CelebrateWomen #WomensDay

#### 14th-PIDAY

#PiDay #HappyPiDay #314 #PieDay #HappyPieDay #Pi

#### 17th- ST. PATRICK'S DAY

#StPatricksDay #Beer #GreenBeer #StPatricks #Shamrock #KissMe #Irish #Ireland #StPaddysDay

#### **SPRING**

#Spring #Flowers #SpringTime #ILoveSpring #Sunny #Instaspring

#### **APRIL**

#### 1st- APRIL FOOLS DAY

#AprilFools #AprilFoolsDay
#April1 #Fun #Funny #Pranks

#### 10th- NATIONAL SIBLING DAY

#NationalSiblingsDay #Brother #Sister #Family #SiblingsDay #ILoveMyBrother #ILoveMySister

#### 22nd- EARTH DAY

#EarthDay #EarthDayEveryday #GoGreen #Earth #GreatOutdoors

#### **EASTER**

#Easter #HappyEaster #Eggs #EasterSunday #EasterBunny

#### MAY

#### 4th-STAR WARS DAY

#MayTheFourthBeWithYou #MayTheFourth #StarWarsDay

#### 2nd SUN-MOTHER'S DAY

#MothersDay #MomsDay #Brunch #MothersDayWeekend #ILoveMyMom #Parents

#### 5th- CINCO DE MAYO

#CincoDeMayo #Margarita #CincoDeDrinko #Cerveza #Tequila #Fiesta

#### **LAST MON- MEMORIAL DAY**

#MemorialDay #USA #ThankYou #MemorialDayWeekend

#### **JUNE**

## 1st FRI- DOUGHNUT DAY

#NationalDoughnutDay #Donuts #DoughnutDay #Doughnut

#### 14th-FLAG DAY

#FlagDay #USA #America #US-Flag #OldGlory #AmericanFlag #Flag

#### 3rd SUN-FATHER'S DAY

#FathersDay #DadsDay #Dad #ILoveMyDad #Family #Parents #Father #Pops #Daddy

#### 21st- SUMMER SOLSTICE

#SummerSolstice #LongestDay #Summer #Sunrise #Sunset

#### **JULY**

#### 1st- CANADA DAY

#OhCanada #CanadaDay #HappyCanadaDay #Canada

#### 4th-INDEPENDENCE DAY

#Fourth #July4th #FourthOfJuly #IndependenceDay #USA #4thofjuly #Fireworks

#### 3rd SUNICE CREAM DAY

#IceCreamDay #SundaeSunday #IceCream #IceCreamCone

#### SUMMER

#Summer #SummerTime #Sunny #Hot #Vacation

#### **AUGUST**

# 1st SUN- FRIENDSHIP DAY #FriendshipDay #RestFriends

#FriendshipDay #BestFriends #Friends #Friendship #Squad

# 1st FRI- INT'L BEER DAY

#BeerDay #InternationalBeer-Day #Drinks #Cheers

#### 16th-TELL A JOKE DAY

#Jokes #Funny #Haha #Pranks #TellAJokeDay #Humor #Fun #LOL

#### 26th- NATIONAL DOG DAY

#NationalDogDay #DogDay #ILoveMyDog #Dog #Puppy #DogsOfInstagram

#### **SEPTEMBER**

#### 1st MON-LABOR DAY

#LaborDay #HappyLaborDay #LaborDayWeekend #America #LaborDayParty

#### 11th-9/11 REMEMBRANCE

#NeverForget #911Memorial #September11

#### 21st- DAY OF PEACE

#InternationalDayofPeace #DayOfPeace #WorldPeaceDay

#### **FALL**

#Fall #Autumn #Leaves #Nature #InstaAutumn #SweaterWeather

#### **OCTOBER**

#### 1st-TECHIES DAY

#TechiesDay #Technology #IT #Developer #Techie #Tech

#### 1st-BOSS'S DAY

#Boss #BossDay #BestBoss #HappyBossDay #ImTheBoss

#### 29th- NATIONAL CAT DAY

#NationalCatDay #CatDay #Cat #ILoveMyCat #CatsOfIG

#### 31st- HALLOWEEN

#HappyHalloween #Pumpkin #Halloween #Costume #TrickOrTreat

#### **NOVEMBER**

#### **1st- DIA DE LOS MUERTOS** #DayOfTheDead #SugarSkull #DiaDeLosMuertos #Skeleton

#### 11th- VETERANS DAY

#VeteransDay #Veterans
#Military #USA #Patriotic

#### 4th THUR- THANKSGIVING

#HappyThanksGiving #Stuffed #Thanksgiving #Turkey #Stuffing #Thankful #NapTime #Holidays

#### 4th FRI- BLACK FRIDAY

#Shopping #BlackFriday #Sales #CyberMonday #BlackFridaySale

#### **DECEMBER**

#### **HOLIDAYS**

#Family #HappyHolidays #NYE #HappyNewYear #Holidays #NewYearsEve #HolidaySeason

#### HANUKKAH

#HappyHanukkah #Chanukah #HappyChanukah #Hanukkah

#### 25th- CHRISTMAS

#Merry Christmas #Christmas #ChristmasTree #ChristmasGift

#### WINTER

#Winter #WinterWonderland #WinterTime #Instawinter #Cold